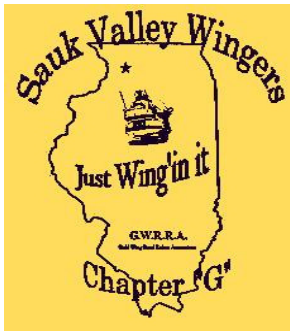




August 2020



## From the Directors Chair



SR Chapter Director, Mary Adams

Hello everyone!

I hope everyone is enjoying the summer time weather. It really hasn't been that bad this year. Keeping my fingers crossed we continue the "normal" summer weather for a while.

We are going to try an outdoor Chapter Social this month. We will be going to Centennial Park in Rock Falls. It is on East 11th Street just down a couple of blocks. (just off 1st Ave or Rt. 40) You can turn at the Arby's.

Please feel free to bring a lunch/dinner if you would like. We will not have food or drink at the social. We will be following social distancing guidelines and will stay 6' apart. If you would like to bring your own lawn chair please do. Masks are not required by the state for outside venues, but feel free to bring if you wish.

I will have to bring my "Mom" voice for everyone to hear me.

If you have plastic lids please bring them with you. We are storing what we have until we can get them to Neal at a later date.

We are going to try to coordinate a few short, lunch rides or brown bag rides maybe even a couple of ice rides for August and September.

As in everything in GWRRA, we have to ride your own ride and decide if this is something you wish to participate in. We will try to provide as much as information as possible for each event. But it is your choice.

Stay safe, stay well and enjoy life!!



2	Rider Education
3	Chapter Skills Enhancement
4	Witticisms of Matt
5	Chapter Participation
6-7	Sunshine Lady
8	Ride Schedule & Article
9	Membership Enhancement
10-13	Flyers



GWRRA-Illinois Chapter G

Chapter G Website  
illinoischapterg.weebly.com

Chapter Sr. Director  
Mary Adams  
Rock Falls, Illinois  
hondagirl711@yahoo.com  
815-535-8349



## CHAPTER G GATHERS

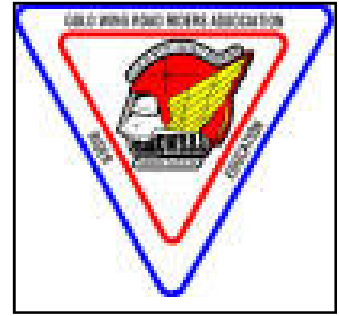
EAT at 6:00 & SOCIAL at 7:00 P M  
Second Wednesday each month

Pizza Ranch  
3900 E. LINCOLNWAY  
STERLING, IL

## RIDER EDUCATION



**District Ride Educator  
Steve & Jeanine Brungard**



### “Air Up”

Grab that gauge, tire gage that is. An air pressure check in one of the most important safety items in a riders’ toolbox. Remember, your life is riding on a couple of relatively small rubber doughnuts. And no-body likes shriveled doughnuts.

You should check the air pressure at least weekly or better yet before every ride. Some people ride almost daily and some only on occasion but it is a fact that tires will lose air over time. Every motorcyclist should own and use a tire gauge. A digital one is easy to use and will give exact readings but any gauge is better than none. Even an inexpensive one will help keep tabs on tire pressure. Just be sure to use the same one as gauges differ in pressure by a few pounds. The goal is to keep consistent pressure in the tires. Too much air gives a harsh ride and too little air leads to overheating and tire failure. There have been several social media posts lately about rear tire failure and some of that may be due to riders getting out after a storage period and not being aware of tire pressures. Out on a ride on a hot day with a co-rider and maybe pulling a trailer will stress a properly inflated tire, just imagine what happens with one that is very under inflated. Recipe for disaster and a trip ruined.

Another thing to look at is the valve stems. To be safe these should be changed at every tire change.

Even on trikes with automotive type tires and rims a rubber valve stem can leak over time. Purchased a used low mileage early model GL1800? Check the valve stems as the earlier ones were factory equipped with rubber stems that are very prone to failure at highway speeds when tire pressure is highest. Replace with the metal ones.

Just because a tire looks good doesn’t mean that it is good. Use that gauge and be sure!

#### CARPENTER CONTRACTORS OF AMERICA, INC.

##### Florida Divisions:

3200 NE 14<sup>th</sup> St. Causeway  
Pompano Beach, Florida 33062  
Phone: 954-781-2660  
Fax: 954-786-9016

3900 Avenue G N.W.  
Winter Haven, Florida 33880  
Phone: 863-294-6449  
Fax: 863-299-9940

##### North Carolina Division

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Fayetteville, NC 28306  
Phone: 910-875-7575  
Fax: 910-875-5419

##### Illinois Division

**R & D Thiel**  
2340 Newburg Road  
Belvidere, IL 61008  
Phone: 815-544-1699  
Fax: 815-544-7132

CCA Midwest, Inc.  
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Belvidere, IL 61008  
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**Robert G. Thiel, Jr.**  
President  
Illinois Division

Office: 815-544-1699  
Mobile: 815-739-8893  
Email: bobt@rdthiel.com  
www.rdthiel.com



## Duane & Barb Imel Chapter Skills Enhancement Advisor

Here we are in the month of August. We may still be seeing some of summer's hottest weather. Here is some information you can use while riding or working outside.

### The Science of Sweat

Your body regulates heat by sweating. As sweat is released from the body onto the surface of your skin, evaporation occurs. Evaporation is the primary method by which sweat cools the body. Energy is drawn from the body in the form of heat. Thus, as sweat vaporizes, it pulls heat out of the body, cooling you down. In a sort of reverse wind chill, when the air temperature is higher than the skin temperature, you will see the opposite effect. As you travel at high speeds in high heat, the amount of heat entering the body through convection drastically increases. One might think that wearing more clothes in such heat would be a bad idea, but the opposite is true. The amount of heat that has to be lost through evaporation, or sweat, also must increase. Wearing wind-breaking material dramatically reduces the amount of heat inflicted on the body through convection, thus reducing the amount of heat that your body



### Tips for Riding Cool

In these high-heat conditions, it's recommended to wear a long-sleeved, tight-fitting shirt made of moisture-wicking material. I know that it seems counter-intuitive to wear long sleeves, but as long as you have air moving over the fabric, it will work great. As sweat evaporates, it takes your body heat with it. Moisture-wicking material draws sweat away from the body to be evaporated through the shirt, aiding the cooling process. Conventional materials can simply trap sweat next to the skin, limiting evaporation. The key to these materials is air flow. If there is no air movement over the material, then the shirt will become oversaturated, and sweat will not evaporate. When air temperatures are high and the reverse wind chill is in effect, wetting down clothing will increase the amount of moisture near the skin. This moisture is now available to be evaporated, drawing heat from your body. Although much of the evaporation will be caused by the high air temperature itself, there will be enough water on the skin to reduce the amount you need to sweat. Some techniques for wetting down include neck bandanas (particularly those with water-absorbing crystals), wetting down a regular cotton t-shirt.

### Keeping Hydrated

Carry a gallon jug of water on longer days of riding. Be wary of taking in ice-cold water too fast. In some riders it can cause an upset stomach. Swish it about your mouth to bring its temperature up a bit before swallowing. Dehydration is not something you can tough out – it will kill you if you don't remedy it. Deep-colored urine and headaches are early signs that you are in need of water. If you stop sweating, heat stroke is not far behind. Drink water often! Caffeine and alcohol are diuretics, which cause you to urinate and lose more water. When it's hot, steer clear of sugary drinks, caffeine, and alcohol.

Riding in really hot weather is not bad when you're prepared for it. Remember to hydrate, keep your skin covered. Don't let the heat weaken you to the point where you're not fully attentive to traffic conditions and the road. Hot weather usually means lots of sun exposure, so get some good sunglasses or a darkened visor to prevent headaches caused by sun glare.

Remember when riding in a group to keep checking on your fellow riders also. Keep riding stay cool and I will see you at the next social where ever it is.



## Witticisms from the Assistant Chapter Director Matt Shore



What are two things you can never eat for breakfast?

What is it that lives if it is fed, and dies if you give it a drink?

. A girl fell off a 50-foot ladder but didn't get hurt. How come?

If you had only one match and entered a dark room containing an oil lamp, some kindling wood, and a newspaper, which would you light first?

Who is bigger, Mr. Bigger, Mrs. Bigger, or their baby?



### National Officers

**GWRRRA Director: Jere & Sherry Goodman**

Director@gwrrra.org

**Directors Assistant: John & Shawn Irons**

ironslines4314@gmail.com

**Directors Assistant: Bob & Nan Schrader**

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**Directors Assistant: Tom & Renee Wasluck**

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**University: Clara Bolt**

toledotriker@gmail.com



**EASTLAND MOTOR SPORTS**  
LANARK, ILLINOIS

**JEFF LESSMAN**  
CREWCHIEF@EASTLANDMOTORSPORTS.COM

110 E. IL RT 64, LANARK • 815-493-6835  
[WWW.EASTLANDMOTORSPORTS.COM](http://WWW.EASTLANDMOTORSPORTS.COM)



# Participate, Participate, Participate



## What can we do???

### MAP Locations

The list of locations is posted on the Illinois District website. There are several in our area that we could visit in afternoon.

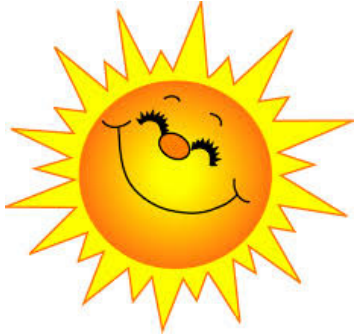
Be sure to add the photos to the Illinois District website and please forward to me for the scrapbook.

- Whiteside County      Dillon Home
- Whiteside County      Heritage Canyon
- Lee County              Amboy Depot Museum
- Lee County              Dixon Telegraph Museum
- Ogle County             Aplington House
- Ogle County             Billy Barnhart Museum
- Ogle County             Byron Museum of History
- JoDavies County        Banworth House & Museum
- JoDavies County        Elizabeth History Museum
- JoDavies County        U.S. Grant Museum



1902 N. Locust Street,  
Sterling, IL 61081

*"Sauk Valley Wingers"*



Sunshine Lady  
Margie Shore



Our  
Christmas Money tree  
now has \$ 34.00

**Chapter Birthdays**

- 11th-Dawn Fredin
- 25th—Margie Shore
- 26th—Lynn Kurtz
- 31st—Sandy Ginger

**Anniversaries**

- 9th—John & Jan Barton
- 9th—Greg & Ginnie Townsend
- 23rd—Gene & Annette Shields



**CHAPTER G GATHERS**  
EAT at 6:00 & SOCIAL at 7:00 P M  
Second Wednesday each month  
Pizza Ranch  
3900 E. LINCOLNWAY  
STERLING, IL

**GW Join Dates**

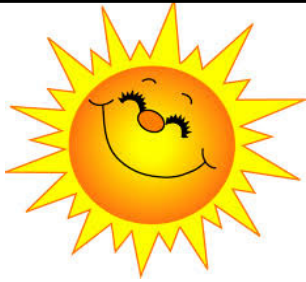
- 8/1/90—Donald Smith
- 8/1/95—Richard Glasgow
- 8/21/2006—Duane Imel
- 8/13/2009—Barb Imel

*Quilting By The Creek*  
Custom Longarm Machine Quilting  
Using the Gammill Statler Stitcher  
Ginnie & Greg Townsend




2061 Cherokee Court  
Freeport, IL 61032  
(815)238-5898  
gngtownsend@comcast.net  
see back for map 179781





Sunshine Lady  
Margie Shore



*A Little Sunshine Recipe*  
*Sunshine Foods by: Margie Shore*



***Watermelon Salad***



1/4c. Sugar  
3 springs of mint  
1 Lemon

2c. Blueberries  
3c. Watermelon

Bring 1/4 cup each sugar and water to a simmer in a saucepan.  
Remove from the heat, add 3 mint sprigs and steep 10 minutes.  
Discard the mint; add the zest and juice of 1 lemon and a pinch of salt.  
Toss with 2 cups blueberries and 3 cups cubed watermelon.  
Let stand 15 minutes.  
Top with chopped mint.



***Watermelon Lemonade***



1/2c Sugar  
1-1/2c. Lemon Juice

4c. Watermelon, chopped  
6c. Cold Water

Blend together in a blender watermelon and lemon juice  
Pour into a large pitcher.  
Add sugar and water and stir well.  
Add ice and drink.

<http://illinoischapterg.weebly.com>

**Sr. Chapter Director**

Mary Adams

[hondagirl711@yahoo.com](mailto:hondagirl711@yahoo.com)

815-535-8349

**Assistant Director**

Matt Shore

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Linda Sue Davis

[armymama@yahoo.com](mailto:armymama@yahoo.com)

**Treasurer**

Nicki Fowkes

**Ride Coordinator**

Bob Adams

[adamsbm1@Comcast.net](mailto:adamsbm1@Comcast.net)

815-535-6576

**Motorist Awareness**

**Couple of the Year**

Randy & Dawn Fredin

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**Chapter Safety Advisor**

Duane & Barb Imel

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**Sunshine Lady**

Margie Shore

[m-mshore@hotmail.com](mailto:m-mshore@hotmail.com)

815-631-9154

**Chapter Ambassadors**

Matt & Margie Shore

**Newsletter**

**Webmaster**

Mary Adams

# Ride Schedule

## MEET THE CHAPTERS OPPURTUNITIES

This schedule is subject to change.

Please check the Illinois District Facebook page for announcements.

### August

August 12th	Chapter G Social @ 6:00 p.m. Centennial Park, First shelter on the left. No Food or Drink will be provided. May come early for a Brown Bag Dinner.
August 19th	Chapter R Virtual Social @ 7:00 p.m Meeting # 586 486 0440 Password: SummerTime
August 20th	Chapter C2 Social @ 7:00 p.m Rt. 20 Bar & Grill, Freeport
August 21st	Ice Cream Social, Dixon Culvers—weather permitting
August 25th	Chapter L Social — TBA
August 29th	Mystery Ride, Brown Bag Lunch Meet at Douglas & Frye, Sterling @ 11:00 a.m.



## Chapter Ride Coordinator Bob Adams

### Ride-Events Info/Hotline UPDATE

Please consult this number before attending any Chapter Ride/Event for possible changes.

**Bob Adams**  
815-535-6576  
[adamsbm1@comcast.net](mailto:adamsbm1@comcast.net)  
Chapter G is on  
Channel 10

So as we continue to social distance, most of us are itching to ride! I attempted to meet a group for a ride but their plans change and it left me sitting out there by myself.

As we have learned in the past, once something changes, post it as soon as possible so that a member is not with out some sort of communication.

Chapter G will try to have their social at the park this week and I hope most of you will be able to join us.

We have scheduled an ice cream social at the Dixon Culvers and I am hoping they won't be too busy for us to sit outside.

Our mystery ride will be a short ride and will include a stop for lunch. Please bring your own lunch.

This summer has been a weird one but hopefully as this will be a thing to remember, not a normal way of life.





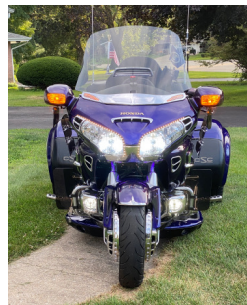
# Membership Enhancement Linda Sue Davis

## Illinois District Virtual Summer Rally Participation

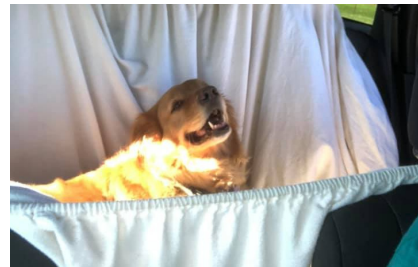
Chapter G members participated in the Illinois District Virtual Summer Rally on the District Facebook page.



### Congratulations to everyone!!



Dawn Fredin—2nd—Most Beautiful Face



Buddy Davis—Participated.  
He's our winner!!



- Randy Fredin—1st— Sweet Sexy Bike
- Randy Fredin—2nd—Love my Tail
- Randy Fredin—2nd—Check out my Wheels
- Randy Fredin—2nd Can you see me Now



Congratulations!

&

Welcome

To our newest addition to the Chapter G Family, **Darcy Imel.**  
Welcome and we hope you enjoy the fun!!

*"Sauk Valley Wingers"*

GWRRRA Members are men and women from all walks of life with varied interests and backgrounds.

We have Gold Wing and other touring motorcycle riders of all age groups.

Some ride solo and many ride with small and large groups!

New Members join GWRRRA especially for the technical information we share; some of our Members join for the enjoyment of riding with friends and also meeting new friends.

**\*\*All Are bikes are welcome\*\***



Gold Wing Road Riders Association

# Recruit

**Get a Year Free**

**The Illinois District has also added an incentive for recruiting new members.**

**For each new Household added they give the Chapter \$10.**

**How it works:** Start Date: 2/1/2020

Recruit 1 Household  
 = **1 month free membership**

Recruit 2 Households  
 = **1 additional month free**

Recruit 3 Households  
 = **1 YEAR FREE MEMBERSHIP**

[www.GWRRRA.org](http://www.GWRRRA.org)  
 1-800-843-9460

## Illinois District Team

**District Sr. Director**

Mary Adams  
 hondagirl711@yahoo.com

**Assistant Directors**

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 goldwinggene@comcast.net

**Assistant Directors**

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**Assistant Directors**

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**Ride Coordinator**

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 rmadams01@hotmail.com

**Treasurer**

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**Assistant MEC's**

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 Ginnie Allison

**University Trainer**

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**Asst. Motorist Awareness**

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**Rich Sledgister**

**MEC—Ways & Means**  
 Bonnie O'Guinn

**MFA/CPR Coordinator**

Brian & Debbie King  
 cillhockeypop@msn.com

**Couple of the Year**

Dan & Martha Ribbing

**Webmaster &**


**Newsletter Editor**

Roy & Cheryl Miller  
 webmaster@gwrra-ildistrict.com

**District Photographer**

Jean & Walter Potwora

# SAVE THE DATE



**UNDER THE BIG TOP**  
**THE THREE WING CIRCUS**  
**ILLINOIS DISTRICT WINTER WARM UP**  
**2021**

**JANUARY 22ND - 23RD**  
**COST - \$20.00**  
**CROWNE PLAZA, SPRINGFIELD**  
**ROOM RATE - \$85.00**  
**ASK FOR THE GOLDWING RATE**  
**217-529-1777**

\*\*\*\*\***SAVE THE DATE**\*\*\*\*\*

YOU'RE INVITED  
GWRRA  
ILLINOIS DISTRICT

40th Anniversary Celebration "Take 2"

August 5th - August 7th, 2021

Rock Falls Community Building  
601 W 10th St., Rock Falls, IL



PRE RALLY RIDES  
TUESDAY & WEDNESDAY



- Guided Rides
- Flag Parade
- Memorial Balloon Release
- Kansas City Twisters
- 50/50
- Raffles

REGISTRATION

- Life Members - \$15.00
- GWRRA Members - \$20.00
- NON Members - \$30.00
- Children under 15 - \$15.00
- Day Pass - \$10.00 (Dinner NOT included)
- Dinner - \$7.00

ACCOMMODATIONS

HOTELS

- Super 8 - 815-626-8800
- Holiday Inn - 815-622-4000
- Days Inn - 815-626-5500
- Country Inn - 815-625-3200

CAMPING

- Leisure Lake - 815-626-0005
- Crystal Lake - 815-499-0520
- Crow Valley - 815-626-5376

Magnuson Hotel Dixon - 815-677-9950

Let's Celebrate!



**\*\*\*\*\*SAVE THE DATE\*\*\*\*\***

## GWRRA ILLINOIS DISTRICT

# 4<sup>TH</sup> Anniversary Celebration "Take 2"

**August 5th - August 7th, 2021**

**Rock Falls Community Center, 601 W 10th St, Rock Falls, IL**

RIDER NAME: \_\_\_\_\_ GWRRA# \_\_\_\_\_ EXP Date \_\_\_\_\_

CO-RIDER NAME: \_\_\_\_\_ GWRRA# \_\_\_\_\_ EXP Date \_\_\_\_\_

ADDRESS: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email \_\_\_\_\_

District \_\_\_\_\_ Chapter \_\_\_\_\_ Position Held \_\_\_\_\_

<b>Registration for Life Members</b>	Number of Registrants _____	x	\$15.00	=	_____
<b>Registration for GWRRA Members</b>	Number of Registrants _____	x	\$20.00	=	_____
<b>Registration for Non-GWRRA Members</b>	Number of Registrants _____	x	\$30.00	=	_____
Day passes available at the <b>registration desk</b> - \$10.00 (dinner <b>NOT</b> included)					
<b>Children under 15</b>	Number of Registrants _____	x	\$15.00	=	_____

**Guided Pre Rally Rides**

**Tuesday Ride** Yes No      **Wednesday Ride** Yes No

**Saturday Dinner Buffet**      How Many \_\_\_\_\_ x \$7.00 = \_\_\_\_\_

**Total Attending Rally**            **TOTAL Cost to PAY**     

**Make checks payable to:** Illinois District

**Mail Registration to:** Mary Adams  
1600 Riverdale Rd. Lot 107, Rock Falls, IL 61071

**Questions Contact:** Mary Adams

**Phone:** 815-535-8349      **Email:** hondagirl711@yahoo.com

**No Host Hotel**

**LINKS:**

[Hotels](#)  
[Campgrounds](#)

*We agree to conform and comply with the rules governing this event and further agree to hold harmless GWRRA, co-sponsoring organizations, or any property owners for any loss or injury to self or property in which I/we may become involved by reason of participation in this event. I/we agree to assume all responsibilities for any property I/we damage. I/we have read and agree with all stipulations on this entry form.*

**FORM MUST BE SIGNED BELOW BY ALL REGISTRANTS**

**Rider's Signature** \_\_\_\_\_ Date \_\_\_\_\_

**Co-Rider's Signature** \_\_\_\_\_ Date \_\_\_\_\_